

# The Dental Health Insider

Dental Health Services, offering you valuable health information from 35 years experience delivering dental benefit solutions....

## Dental Care for Children Ages 0-5

Taking your child to the dentist is just as important for maintaining good oral health as brushing and flossing every day. Your child's first visit to the dentist should take place by his or her first birthday. Not only will this help prevent any tooth decay, it will accustom your child to the dental office experience—making it easier to return. The earlier you can bring your child into the dentist, the better!

Early Childhood Caries (ECC), or tooth decay, is the most widespread chronic disease occurring in children up to age five. If left untreated, it can cause other infections, including problems with nutrition, growth, and speech.



In order to avoid these problems, it is recommended that children visit the dentist twice a year. If your child has an increased risk for tooth decay or poor oral hygiene, more frequent visits may be necessary. Regular dental visits will help your child maintain a cavity-free mouth and foster a life of good dental health.

At your child's dental visit, the dentist will review his or her medical and dental history, and examine the teeth, oral tissue, and jaw. Your child's teeth may be cleaned, polished, and treated with fluoride, depending on the child's age.

The important thing to remember is that you, as a parent, play a huge role in how your child views the dentist. Speak positively of visiting the dental office and this will influence your child's perspective on not only going to the dentist, but the importance of oral health in general. Practicing good dental hygiene early on will save your child from suffering from the effects of tooth decay down the road!

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about our complete  
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## Send us your quote request!

Call today to request a proposal or additional materials, or to discuss any questions or suggestions you may have. We are happy to work with you in bringing your clients what they need!

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*At the close of  
another year, all of  
us at Dental  
Health Services  
pause to say 'thank  
you' and wish you a  
warm and healthy  
New Year.*



*A Great Reason to Smile<sup>sm</sup>*

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